

ST. XAVIER'S COLLEGE (AUTONOMOUS) PALAYAMKOTTAI - 627 002

(Recognized as "College with Potential for Excellence" by UGC & Accredited by NAAC at A++ Grade with a CGPA of 3.66 out of 4)



ANNUAL REPORT 2022-2023 DEPARTMENT OF PHYSICAL EDUCATION

Achievements of MSU ICT

Our College **Men badminton** team secured the Third place and **Women badminton** team secured the Fourth place in the Manonmaniam Sundaranar University Inter Collegiate Badminton Tournament held at Nesamany Memorial Christian College, Marthandam from 07.11.2022 - 09.11.2022.

Our College **Men Tennis** Team secured the **Third place** in the Manonmaniam Sundaranar University Inter Collegiate Tennis Tournament held at Sadakathullah Appa College, Palayamkottai on 10.10.2022.

Our College **Women Tennis** Team secured **Runner Up trophy** in the Manonmaniam Sundaranar University Inter Collegiate Tennis Tournament held at Sadakathullah Appa College, Palayamkottai on 01.11.2022.

Our College Men Swimming team secured Runner Up trophy in the Manonmaniam Sundaranar University Aquatic Championship held at SDAT Swimming Pool, Santhi Nagar on 29.10.2022. V. Lenard (22UCC530) won four gold medals.

Our college athletes **R. Mahendran** (20UEN640) of II-year English (Shift-II) secured **the first place** in **Javelin throw** in the Manonmaniam Sundaranar University 32nd Inter Collegiate Athletic Meet held at Anna Stadium from 17th to 19th November 2022.

UNIVERSITY BLUES

A. Bruno Antonyraj (20UMA116) III-year Mathematics (Shift-I) and **S. Aswin** (22UPH127) I-Year Physics (Shift-I) represented MSU Men **Table Tennis** team in the South Zone Inter University Men Table Tennis Tournament held at Christ University, Bangalore, Karnataka from 02.01.2023 – 05.01.2023.

S. Raja Lakshmi (22UCO157) I-year Commerce (Shift-I) represented MSU Women **Table Tennis** team in the South Zone Inter University Women Table Tennis Tournament held at Jain University, Bangalore from 14.11.2022 -16.11.2022.

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Joseph Austin (20UMA512) III-year Mathematics (Shift-II) represented MSU Men **Tennis** team in the South Zone Inter University Men Tennis Tournament held at VIT Vellore, Chennai from 19.11.2022 – 24.11.2022.

S. Hannah Ranjani (20UEN125) III-year English (Shift-I) represented MSU Women **Tennis** team in the South Zone Inter University Women Tennis Tournament held at Jain University, Bangalore from 10.11.2022 to 12.11.2022.

C. Kasthuri (22UZO125) I-year Zoology (Shift-I) **S. Vijayalakshmi** (22UEC158) year Zoology (Shift-I) have represented MSU Women **Basketball** team in the South Zone Inter University Women Basketball Tournament held at University of Madras, Chennai during 04.01.2023 – 08.01.2023.

R. Varshini (22UEN143) I-year English (Shift-I) has represented All India Inter-university **Fencing** (Women) Championship Tournament held at University of Jammu, Jammu Tawi during 20.12.2022 – 23.12.2022.

V. Leonard (22UCC530) I-year B. Com. Corporate secretaryship (Shift-I) has represented MSU All India Inter-university **Aquatics** (**Men**) Championship 2022-23 held at Kalinga Institute of Social Sciences (KISS), Bhubaneswar during 26.12.2022 – 29.12.2022.

M. Nainar Balaji (20UBA538) III-year B.B.A (Shift-II) has represented MSU Men **Badminton** team in the South Zone Inter University Women Tennis Tournament held at Jain University, Bangalore from 27.11.2022 to 30.11.2022.

STAFF ACHIEVEMENTS

Dr. G. Peter Michael Raj, the Director of Physical Education is one among the members of Manonmaniam Sundaranar University Selection Committee in Men Basketball team and he was the Team Manager of Men Tennis team in the South Zone Inter-University Men Tennis Tournament held at VIT Vellore, Chennai from 19.11.2022 to 24.11.2022.

Dr. V. Kumar, Team Manager of Men Table Tennis participated in the South Zone Inter-University Men Table Tennis Tournament held at Christ University, Bangalore, Karnataka from 02.01.2023 to 05.01.2023.

Dr. S. Athisayaraj Team Manager of Men Power Lifting participated in the South Zone Inter-University Men Power Lifting Tournament held at Guru Kashi University, Bathinda, Punjab from 17.02.2023 to 28.02.2023.

St. Xavier's College (Autonomous) and Hockey unit of Tirunelveli together organized a City League School Hockey Tournament on 16.10.2022 and 17.10.2022 held at St. Xavier's Hockey Ground. Rev. Fr. Dr. V. Henry Jerome S.J. inaugurated the tournament. Rev. Fr. Dr. G. Pushparaj S.J. disturbed the prizes to the winners.

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| S.No. | Game | Group | Date | Result | Department Name |
|-------|------------|-------|---------------|-----------|---------------------------|
| 1. | Badminton | Men | 04.01.2023 | Winner | BBA |
| | | | | Runner-up | MBA |
| 2. | Badminton | Women | 05.01.2023 | Winner | Visual Communication |
| | | | | Runner-up | Computer Science Shift-II |
| 3. | Football | Men | 09.01.2023 | Winner | Maths (Shift-I) |
| | | | to 12.01.2023 | Runner-up | Economics |
| 4. | Throwball | Women | 18.01.2023 | Winner | Maths (Shift-II) |
| | | | to 20.01.2023 | Runner-up | English (Shift-II) |
| 5. | Chess | Men | - 21.01.2023 | Winner | Physics (Shift-II) |
| | | | | Runner-up | Computer Application |
| | | Women | | Winner | English (Shift-II) |
| | | | | Runner-up | Commerce (Shift-I) |
| 6. | Volleyball | Men | 23.01.2023to | Winner | Economics |
| | | | 27.01.2023 | Runner-up | Corporate Secretaryship |
| 7. | Basketball | Men | 06.02.2023- | Winner | - |
| | | | 09.02.2023 | Runner-up | - |

Results of Inter- Department Tournaments- 2022-2023



TREKKING PROGRAMME-2023

The students of the department of Physical Education went to a trekking programme at Keelapattam Mountain on 17.02.2023.

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